

FORM 10-11

Part 1: Reading (9 tasks)

Read the text and answer the questions below.

The Digital Detox Trend

In the modern world, being "connected" is often seen as a necessity. However, a growing number of teenagers are choosing to undergo a "digital detox" — a period when they voluntarily abstain from using electronic devices.

Sixteen-year-old Mark says: "I realized I was spending five hours a day on social media. My sleep was suffering, and I couldn't focus on my homework. Last month, I decided to switch off my smartphone for a week." During his detox, Mark rediscovered hobbies like cycling and playing the guitar. He admitted that the first two days were challenging due to "FOMO" (fear of missing out), but by the end of the week, he felt more energetic and less stressed.

Experts suggest that even small breaks from screens can improve mental health. Schools are also joining the movement, with some implementing "phone-free zones" to encourage face-to-face communication during breaks.

Questions 1-5: Choose the correct answer (A, B, or C).

- 1. What is a "digital detox"?**
 - A) A technical repair of electronic devices.
 - B) A period of staying away from gadgets.
 - C) A new type of social media platform.
- 2. Why did Mark decide to start a detox?**
 - A) His parents forced him to do it.
 - B) He had problems with sleep and concentration.
 - C) He wanted to sell his smartphone.
- 3. What was Mark's main difficulty at the beginning?**
 - A) He didn't know how to ride a bike.
 - B) He missed his friends' online updates.
 - C) He had too much homework.
- 4. What did Mark notice by the end of the week?**
 - A) He felt tired and bored.
 - B) He became more active and calm.

C) He forgot how to use his phone.

5. **How do some schools support this trend?**

A) They give free guitars to students.

B) They forbid talking during breaks.

C) They create areas where phones are not allowed.

Questions 6-9: Mark the statements as True (T) or False (F).

6. Mark spent about two hours a day on social media before the detox. ()

7. Mark started playing musical instruments during his break from technology. ()

8. "FOMO" stands for the joy of being offline. ()

9. Experts believe that avoiding screens can be beneficial for one's mind. ()

Part 2: Use of English (9 tasks)

Task 10-14: Choose the correct word to complete the sentences.

10. If I _____ more time, I would join a sports club.

A) have

B) had

C) will have

11. English _____ in many countries all over the world.

A) is spoken

B) speaks

C) has spoken

12. I am interested _____ learning more about environmental protection.

A) on

B) at

C) in

13. You _____ bring your textbook tomorrow; we will use the tablets in class.

A) mustn't

B) don't have to

C) shouldn't

14. This is the artist _____ paintings are famous worldwide.

A) who

B) which

C) whose

Task 15-18 Choose the correct option (A, B, C, or D) to complete each sentence.

15. The _____ of new technologies is changing our lives rapidly.

A) develop

B) developed

C) development

D) developing

16. It was a very _____ project, and everyone got high marks.

A) success

B) successful

C) successfully

D) succeed

17. She is a very _____ person; you can always count on her.

A) rely

B) reliance

C) reliable

D) reliably

18. To be a doctor, you need a good _____ and lots of practice.

A) educate

B) educated

C) educational

D) education

Критерії та методика оцінювання вступних випробувань

(із загальноосвітніх предметів) знаходяться у Додатку 7 Правил прийому до Бердичівського військового ліцею